



the RUNES

Fehu
Wealth - Prosperity - Stewardship

Uruz
Strength - Determination - Freedom

Thurisaz
Thorn - Briar - Protection

Ansuz
Higher power - Inspiration - Divine forces

Raidho
Safe Journey - Progress - Planned Change

Kenaz
Torch - Fire - Knowledge

Gebo
Gift - Generosity - Talent

Wunjo
Joy - Victory - Gratitude

Hagalaz
Destruction - Turbulent Change - Wild Nature

Nauthiz
Need - Survival - Self-Reliance

Isa
Winter - Cold Beauty - Crystallization

Jera
Harvest - Cycles - Results

Eihwaz
Strength - Resilience - Regeneration

Perthro
Comradery - Gathering - Luck

Algiz
Protection - Self Defense

Sowilo
Sun - Light - Hope - Success

Tiwaz
Justice - Sense of Duty - Honor

Berkana
Plenty - New Beginnings - Goddess

Ehwaz
Cooperation - Loyalty - Travel

Mannaz
Relationships - Humanity - Family

Laguz
Abundance - Opportunity - Possibilities

Ingwaz
Fertility - Seed - Creativity

Dagaz
Daylight - Clear Vision - Hope

Othala
Home - Roots - Legacy

about RUNES

Runes are an ancient proto Viking and Norse alphabet. Each rune has a corresponding historic rune poem that lends it a symbolic or mystical meaning. I have found I can gain valuable insight by casting the runes and reading and interpreting their messages.

This quick reference provides a starting point to interpreting the runes of the Elder Futhark, based on my 25+ years working with them.

As you work with them yourself, I encourage you to learn more and develop your own insights.

Enjoy!

Bob, Owner, Creator, Maker
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TO READ THE RUNES: FUTHARK LAYOUT

This layout uses the phonetic value of the first six letters of the runic alphabet, often referred to as the futhark, as a memory aid for layout. They are as follows:

F Fehu - What am I **Facing**, and what do I expect the results to be?

U Uruz - What are the **Underlying** forces at play?

Th Thurisaz - What **Threats** to the outcome are presenting themselves?

A Ansuz - Who or what are my **Allies** helping me work towards the result?

R Raidho - What are the likely **Results** if I continue on this path?

K Kenaz - What do I need to **Know** to move forward?

For best results, first hold in mind your situation that you'd like to gain insight on. Then consider the question "What am I **Facing**?" and choose a rune without looking, and place it in the 'Facing' position. Continue for all six positions of the layout, considering each layout-component in turn, and choosing (without looking) a rune for each one. **To read the layout:** Look at each rune you pulled. Given the meaning of the rune (see above), how might it pertain to its space in the layout? What insight does that give you about your situation? Pay special attention to what you need to **Know** to move forward and take action.

Facing	Underlying	Threats	Allies	Results	Know
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